

Angela Listug-Vap, DPT

Education

- Bachelors in Exercise Science from Willamette University in 1999.
- Doctorate in Physical Therapy from Pacific University in 2003.
- Kaiser Hayward PT Fellowship in Advanced Orthopedic Manual Ther-



Professional Certifications

Certified Orthopedic Manual Therapist
Fellow of the American Academy of
Orthopedic Manual Physical Therapy

State Licensed

Montana, Oregon, California

Joined Practice

2007

Clinical Interests or Specialty Areas

Orthopedic manual physical therapy, spine and shoulder rehabilitation, neuromuscular re-education, Pilates, Corealign

Professional Memberships

AAOMPT -- American Academy of Orthopedic Manual Physical Therapy
APTA – American Physical Therapy Association

Hobbies and Personal Interests

Hiking, backpacking, snow skiing, snow shoeing, rafting, reading, cooking, and wine.

Philosophy of Care

“I believe successful outcomes come from mutual work from the client and the therapist. We have to get joints moving well and train your neuromuscular system to control this movement. My treatments usually involve education, hands-on techniques, followed by exercise programs designed to retain healthy pain-free movement.”

