

Golfers.

Get your game on ...
... to perform and feel better!

Want a better swing?

▶▶ You need a Golf Pro.

Want a better body?

▶▶ You need a certified Physical Therapist.

Want a better score?

▶▶ Employ the Titleist connection
of body and swing.

“Last year my health took a downward turn, as did my golf game. With Brent’s expert help at Alpine Physical Therapy, my pain went away and my golf game revived. My drives went from 170 to now over 230 yards routinely. Not bad for a 60 somethin’ year old plumber! You haven’t golfed your best until you’ve worked with the experts at The Golf Clinic.”

Richard Thomas,
Thomas Plumbing & Heating

The Titleist Performance Institute Approach

Golfers in western Montana are getting an unfair advantage, thanks to the foresight of the Titleist Performance Institute, today’s leader in elite player development. The Golf Clinic at Alpine Physical Therapy proudly announces that Brent Dodge is a Titleist Certified Golf Fitness Instructor. Backed by Titleist’s knowledge-base, Brent provides top-rated golf-fitness instruction and swing mechanic analysis that create new opportunities for performance optimization among area golfers. Read the other side to find out how.



Alpine
Physical Therapy



406~251~2323

In the Peak Health & Wellness Center
5000 Blue Mountain Road, Missoula, MT 59804

406~541~2606

In the North Reserve Business Center (behind
Johnny Carino’s) Suite I-3

Golf programs available at The Golf Clinic

*Comprehensive evaluation
and skills assessment \$199.00

Pain and stress reduction
session (30 minutes)..... \$69.00

Practical golf clinic (six weekly
sessions; includes a polo shirt
with emblem) \$599.00

Group seminars for your
company or organization call for details

*Components of the evaluation and skills assessment . . .

- **Evaluation:** One-hour evaluation utilizing the Titleist approach for flexibility, balance, strength, and agility.
- **Analysis:** Comprehensive 2-D video swing analysis with report.
- **Benefits:** Catapult your performance while reducing pain and preventing injury.

Get Started Today!

1. Decide your body, mind, and sport are worth it.
2. Call 251-2323 to schedule.
3. Bring this flier for **\$10.00 off**.
4. Take your health & your game to the next level.

Western Montana's Resource for Elite Golf Performance

Bent on getting your golf game on straight!

Brent Dodge, PT, OCS, CMPT, CSCS is a Titleist Certified Golf Fitness Instructor, author of the nationally selling resource for people with back pain: *Back Care Boot Camp*®, and author and presenter of Missoula's first-ever *Mind, Body, Golf!* seminars.

AlpinePTmissoula.com & HealthAndFitness101.com

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