

# Samantha Schmidt, MPT, CPI

## Education

- Bachelors in Exercise Science and Bachelors in Psychology from the University of Montana in 1998, 1999
- Masters in Physical Therapy from the University of Utah in 2002



## Professional Certifications

Pilates Instructor; Comprehensive mat and equipment training (BASI)  
Certified Master Instructor: Core Align Balance Body University

## State Licensed

Montana

## Joined Practice

2006

## Clinical Interests or Specialty Areas

Rehabilitative Pilates, oncology, neck and back pain, and ski conditioning & injury prevention

## Professional Memberships

American Physical Therapy Association  
Body Arts and Science Institute (BASI)  
Pilates Method Alliance  
The IDEA Health & Fitness Association  
Balanced Body University Faculty Member

## Hobbies and Personal Interests

Hiking, telemark skiing, fly fishing, snowboarding, Pilates, alpine skiing, hunting, white water rafting. Camp Mak A Dream volunteer; Fit To Fight CoFounder; Missoula Avalanche Foundation Board Member.

## Philosophy of Care

“Everyone deserves to move and breathe with efficiency, balance, awareness, and control.”

